

LUNG CANCER RESOURCE DIRECTORY

The Lung Cancer Resource Directory provides information about organizations, Internet sites, books, and other materials that may be useful to people living with lung cancer. Resources included in this section offer materials and services people affected by lung cancer have found useful. However, the author is not responsible for your personal experience with the organizations or materials included.

Certainly, other local and national resources are available that may be useful to people living with lung cancer beyond those included here. The exclusion of a particular resource should not be interpreted as a lack of endorsement. Use your judgment and consult with family members, friends, and professionals to determine the authenticity and legitimacy of all organizations that are new to you.

The resources are organized in the following sections:

Organizations

Useful Internet Sites

Pharmaceutical Companies' Prescription Assistance Programs

National Cancer Institute (NCI) Designated Comprehensive Cancer Centers and Clinical Cancer Centers

Books

Magazines and Newsletters

Audio, Video, and DVD Recordings

All contact information was verified at the time of publication. However, contact information may change over time.

ORGANIZATIONS

Acupuncture and Oriental Medicine Alliance

Telephone: 253-851-6896

Internet: www.aomalliance.org

The Acupuncture and Oriental Medicine Alliance (AOMA) works to support the development of acupuncture and oriental medicine. AOMA maintains an active patient referral service of over 10,000 state-licensed and nationally certified acupuncture and oriental medicine practitioners via fax, telephone, and the Internet.

Alternative Medicine Foundation

Telephone: 301-581-0116

Internet: www.amfoundation.org

The Alternative Medicine Foundation is a nonprofit organization formed to provide evidence-based research resources for health care professionals, and responsible and reliable information for patients and consumers about the integration of alternative and conventional medicine.

American Art Therapy Association

Telephone: 888-290-0878

Internet: www.arttherapy.org

The American Art Therapy Association (AATA) is a national, nonprofit association dedicated to the use of art for healing and life enhancement. AATA was founded in 1969, and includes approximately 4,750 art therapy professionals and students.

American Association of Naturopathic Physicians

Telephone: 886-538-2267 or 202-895-1392

Internet: www.naturopathic.org

The American Association of Naturopathic Physicians (AANP) is an organization of practitioners trained as specialists in natural medicine. Members are licensed or are eligible for licensure in states that license naturopathic physicians as medical providers. AANP distributes information about naturopathic medicine, and offers a locator service to help interested parties find a naturopathic practitioner in their area.

American Association of Oriental Medicine

(formerly American Association of Acupuncture and Oriental Medicine)

Telephone: 888-500-7999

Internet: www.aaom.org

The American Association of Oriental Medicine (AAOM) was formed to be the unifying force for American acupuncturists committed to ethical and educational standards to ensure the safety of the public.

American Association of Professional Hypnotherapists

Telephone: 650-323-3224

Internet: www.aaph.org

The American Association of Professional Hypnotherapists is a worldwide organization that promotes communication between professionals for the promotion and development of ethical methods, techniques, and standards in the field of hypnotherapy.

American Bar Association

Telephone: 800-285-2221

Internet: www.abanet.org

The American Bar Association is a professional organization of more than 400,000 lawyers. The ABA provides law school accreditation, continuing legal education, information about the law, programs to assist lawyers and judges in their work, and initiatives to improve the legal system for the public. The Center for ProBono work (free legal services) can be found at www.abanet.org/legalservices/probono/directory.html#.

American Board of Medical Specialties

Telephone: 866-275-2267 (866-ASK-ABMS)

Internet: www.abms.org

The American Board of Medical Specialties (ABMS) is an organization of 24 approved medical specialty boards. The intent of certification is to provide assurance to the public that those certified by an ABMS Member Board have successfully completed an approved training program and an evaluation process assessing their ability to provide quality patient care in the specialty. The Official ABMS Directory of Board Certified Medical Specialists is a directory of ABMS specialists and is available at most public libraries. You can find out a doctor's board certification status by calling ABMS or checking the online Internet site at www.abms.org/login.asp. This is a free service but requires registration.

American Brain Tumor Association (ABTA)

Telephone: 800-886-ABTA (800-886-2282) or 847-827-9910

Internet: www.abta.org

ABTA collects current information about brain tumor research and provides it to patients to help them make educated decisions about their health care. ABTA offers print materials about research and treatment of brain tumors, and provides listings of doctors, treatment facilities, and support groups throughout the country.

American Cancer Society (ACS)

Telephone: 800-ACS-2345 (800-227-2345) or 404-320-3333

Internet: www.cancer.org

ACS is a nationwide organization with chartered divisions in every state, the District of Columbia, and Puerto Rico. ACS focuses on research and education but also provides patient and community services including public and professional education and community resource referrals. Local chapters provide various support services.

American Chiropractic Association

Telephone: 800-986-4636

Internet: www.amerchiro.org

The American Chiropractic Association (ACA) improves the public's awareness and utilization of chiropractic medicine, and conducts chiropractic surveys and statistical studies. ACA also provides a chiropractic physician locator service.

The American College of Surgeons (ACOS)

Telephone: 312-202-5000

Internet: <http://www.facs.org/>

The American College of Surgeons (ACOS) is a professional organization of surgeons dedicated to improving the care of surgical patients and to safeguarding standards of care in an optimal and ethical practice environment. ACOS accredits over 1,400 cancer programs at hospitals and other treatment centers in the United States. The ACOS Internet site provides a searchable database of these programs at <http://www.facs.org/>.

American Council of Hypnotist Examiners

Telephone: 818-242-1159

Internet: www.hypnotistexaminers.org

The American Council of Hypnotist Examiners (ACHE) was founded in 1973 as a nonprofit professional organization engaging in self-regulation of all who utilize hypnosis/hypnotherapy as an integral part of a professional practice. ACHE now certifies more than nine thousand hypnotherapists including numerous physicians, psychiatrists, psychologists, and representatives of the healing arts, counseling, and allied professions.

American Dance Therapy Association

Telephone: 410-997-4040

Internet: www.adta.org

The American Dance Therapy Association (ADTA) works to establish and maintain high standards of professional education and competence in the field of dance/movement therapy. ADTA maintains a registry of dance/movement therapists who have met stringent standards of education and experience, and sets and monitors standards for the masters level programs that prepare people to become dance/movement therapists.

American Institute of Homeopathy

Telephone: 703-246-9501

Internet: www.homeopathyusa.org

The American Institute of Homeopathy (AIH) is a nonprofit organization working to promote and improve homeopathic medicine and the dissemination of medical knowledge pertaining to homeopathy. The Internet site has a listing of AIH members by state and level of membership at www.homeopathyusa.org/onlinedirectory.

American Institute for Cancer Research (AICR)

Telephone: 800-843-8114 or 202-328-7744

Internet: www.aicr.org

AICR is a charitable cancer organization that fosters research on diet and cancer prevention and educates the public about the results of such research.

American Lung Association (ALA)

Telephone: 800-LUNG-USA (800-586-4872)

Internet: www.lungusa.org

ALA is a nonprofit organization dedicated to the promotion of lung health and the eradication of lung disease.

American Massage Therapy Association (AMTA)

Telephone: 847-864-0123

Internet: www.amtamassage.org

AMTA is a professional organization of over 46,000 massage therapists. The AMTA Internet site has a searchable database of massage therapists in the U.S. and Canada at www.amtamassage.org/findamassage/locator.htm.

American Medical Association (AMA)

Telephone: 312-464-5000

Internet: www.ama-assn.org

The (AMA) is a voluntary membership organization of physicians in the U.S. The AMA offers a free physician locator on their Internet site at www.ama-assn.org/aps/amahg.htm. The AMA database of physicians contains basic professional information on nearly all licensed physicians in the U.S.

American Music Therapy Association (AMTA)

Telephone: 301-589-3300

Internet: www.musictherapy.org

AMTA's purpose is the progressive development of the therapeutic use of music in rehabilitation, special education, and community settings. Call AMTA or send them an e-mail at findMT@musictherapy.org if you would like help finding a music therapist in your area.

American Psychosocial Oncology Society (APOS)

Telephone: 434-293-5350; referral line 866-276-7443 (toll-free)

Internet: www.apos-society.org

The mission of American Psychosocial Oncology Society is to advance the science and practice of psychosocial care for people with cancer. APOS operates a referral service for cancer patients and patient advocates in need of psychological services.

American Psychotherapy and Medical Hypnosis Association

Telephone: 817-594-7003

Internet: www.apmha.com

The American Psychotherapy and Medical Hypnosis Association (APMHA) exists to provide competent, professional, and caring treatment and referrals for treatment to the clients and patients we serve. Call APMHA or click on the *Find Treatment* link on the Internet site for assistance finding a hypnotherapist.

American Society of Clinical Oncology (ASCO)

Telephone: 703-299-0150

Internet: www.asco.org

ASCO is a professional organization representing health care professionals who treat people with cancer. ASCO's membership is comprised of clinical oncologists, oncology nurses, and other health care practitioners with a predominant interest in oncology. ASCO's members specialize in all fields of oncology. The ASCO Internet site offers a free searchable list of members at www.asco.org/ac/1,1003,12-002215,00.asp. ASCO also operates an Internet site for people living with cancer at www.peoplelivingwithcancer.org/plwc/Home/1,1743,,00.html.

Angel Flight America

Telephone: 800-446-1231

Internet: www.angelflightamerica.org

Angel Flight America--a national network of seven autonomous regional members--arranges free flights of hope and healing by transporting patients and their families in private planes to hospitals for medical treatment.

Associated Bodywork and Massage Professionals

Telephone: 800-458-2267

Internet: www.abmp.com

Associated Bodywork and Massage Professionals (ABMP) is a membership organization serving the massage, bodywork, somatic, and esthetic professions. The Internet site has information about various forms of bodywork and a locator for ABMP members under the link *ABMP MassageFinder*.

Association for Applied Psychophysiology and Biofeedback (AAPB)

Telephone: 800-477-8892

Internet: www.aapb.org

AAPB is a nonprofit, membership organization founded in 1969. The goals of AAPB are to promote a new understanding of biofeedback and advance the methods used in this practice. The Internet site offers assistance finding a biofeedback practitioner at www.aapb.org/public/articles/index.cfm?Cat=7.

Association of Cancer Online Resources (ACOR)

Telephone: 212-226-5525

Internet: www.acor.org

ACOR creates, produces, hosts, and manages a large number of online resources for cancer patients, caregivers, health care professionals, and basic research scientists. The *Oncology Support Mailing Lists Center* keeps professionals and patients abreast of breaking news stories, treatment protocols, and the psychosocial effects of specific types of cancer. ACOR offers disease-specific online discussion groups free of charge.

Ayurvedic Institute

Telephone: 505-291-9698

Internet: www.ayurveda.com

The Ayurvedic Institute was established in 1984 to promote the traditional knowledge of ayurveda. The online *Resource* page has information about ayurvedic medicine and practices.

Biofeedback Certification Institute of America

Telephone: 303-420-2902

Internet: www.bcia.org

The Biofeedback Certification Institute of America (BCIA) was formed in 1981 to establish and maintain professional standards for the provision of biofeedback services and to certify those who meet these standards. The Internet site offers a practitioner locator at www.bcia.org/directory.

Cancer Care

Telephone: 800-813-HOPE (800-813-4673)

Internet: www.cancercare.org

Cancer Care is a national, nonprofit organization whose mission is to provide free professional help to people with all cancers through counseling, education, information, referral, and direct financial assistance. Cancer Care provides online social workers to answer questions, and offers guidance, educational materials, telephone support groups, and other services. In-person support groups are available for people in the greater New York City area.

Cancer Hope Network

Telephone: 877-HOPENET (877-467-3638) or 908-879-4039

Internet: www.cancerhopenetwork.org

Cancer Hope Network is a nonprofit organization that offers one-on-one support for people living with cancer and their families by matching those seeking support with trained volunteers who been through similar experiences.

Cancer Information Service (CIS)

Telephone: 800-4-CANCER (800-422-6237)

CancerFax: 301-402-5874

Internet: cis.nci.nih.gov/index.html

The National Cancer Institute (NCI) operates the Cancer Information Service (CIS) for people with cancer, their families, and health care professionals. CIS allows you to speak directly to a Cancer Information Specialist who will answer you questions by telephone Monday through Friday from 9:00 AM to 4:30 PM local time. You can also access an information specialist online by clicking on the *LiveHelp* link; check the Internet site for hours of availability. The Internet site also has downloadable Fact Sheets and ordering information for NCI publications.

Cancervive

Telephone: 800-4-TO-CURE (800-486-2873) or 310-203-9232

Internet: www.cancervive.org

Cancervive is a nonprofit organization dedicated to helping cancer survivors reclaim their lives after cancer.

Caring Connections

Telephone: 800-658-8898

Internet: www.caringinfo.org

Caring Connections, a program of the National Hospice and Palliative Care Organization (NHPCO), is a national consumer engagement initiative to improve care at the end of life, supported by a grant from The Robert Wood Johnson Foundation. Caring Connections

- Provides free resources, information, and motivation for actively learning about end-of-life resources.
- Promotes awareness of and engagement in efforts to increase access to quality end-of-life care.
- Helps people connect with the resources they need, when they need them.
- Brings together community, state and national partners working to improve end-of-life care.

Council on Chiropractic Education (CCE)

Telephone: 480-443-8877

Internet: www.cce-usa.org

CCE is recognized by the U.S. Secretary of Education as the accrediting body for programs and institutions offering the doctor of chiropractic degree. CCE responds to inquiries, distributes publications, and makes referrals to other sources of information.

Corporate Angel Network (CAN)

Telephone: 866-328-1313 or 914-328-1313

Internet: www.corpangelnetwork.org

CAN is a charitable organization whose mission is to arrange free flights for people with cancer to treatment centers using the empty seats on corporate aircraft. The program is

open to all cancer patients who are able to get around on their own and are not in need of medical support while traveling. Eligibility is not based on financial need, and patients may travel as often as necessary.

Department of Health and Human Services (HHS), Inspector General Hotline

Telephone: 800-HHS-TIPS (800-447-8477)

Internet: www.oig.hhs.gov

The Office of Inspector General (OIG) protects the integrity of HHS programs as well as the health and welfare of the beneficiaries of the programs. HHS programs and institutions under OIG oversight include Medicare, Medicaid, the Food and Drug Administration, the National Institutes of Health, and many others. The purpose of the OIG hotline is to allow consumers to report fraud, overcharging, or other abuses.

Department of Veterans Affairs

Telephone: 800-827-1000 (VA Benefits), 877-222-8387 (Health Care Benefits), 800-669-8477 (Life Insurance)

Internet: www.va.gov

The Department of Veterans Affairs (VA) offers many benefits to military veterans. The Internet site is comprehensive and allows you to submit online applications for most VA benefits. The site also has contact information for regional VA offices and medical centers. There is also a listing of veterans' service organizations at www.va.gov/vso/index.htm.

Dream Foundation

Telephone: 805-564-2131

Internet: www.dreamfoundation.com

The Dream Foundation is a nonprofit organization whose mission is to grant the last wishes of terminally ill adults.

Food and Drug Administration (FDA)

Telephone: 888-INFO-FDA (888-463-6332) or 301-827-4460

Internet: www.fda.gov

The Food and Drug Administration (FDA) is the government agency responsible for ensuring that foods are safe, wholesome, and sanitary; human and veterinary drugs, biological products, and medical devices are safe and effective; cosmetics are safe; and electronic products that emit radiation are safe. FDA also ensures that these products are honestly, accurately, and informatively represented to the public. The Cancer Liaison Program answers questions directed to FDA by cancer patients, their loved ones, and patient advocates about therapies for cancer. The Cancer Liaison Program can be accessed online at www.fda.gov/oashi/cancer/cancer.html or by telephone at 888-INFO-FDA (888-463-6332) or 301-827-4460. The program provides information about cancer drug approval processes, links to clinical trial Internet sites, and FDA-related articles and information.

Hope Air

Telephone: 1-877-346-HOPE (4673)

Internet: www.hopeair.org

Hope Air helps Canadians in financial need fly to necessary medical treatment.

Hospice Education Institute

Telephone: 800-331-1620 or 207-255-8800

Internet: www.hospiceworld.org

The Hospice Education Institute is an independent, nonprofit organization serving the public and health care professionals with information and education about the many facets of caring for the dying and the bereaved. The Institute helps people obtain information about good hospice and palliative care, gives referrals to hospices and palliative care organizations, and provides counsel regarding care for the dying and the bereaved.

Joint Commission on Accreditation of Healthcare Organizations (JCAHO)

Telephone: 630-792-5800

Internet: www.jcaho.org

JCAHO is an independent organization that inspects hospitals and other health care facilities to ensure they meet specific quality standards defined by JCAHO. Participation in JCAHO is voluntary, but most large health care institutions participate in this quality assurance program. Access lists of JCAHO-accredited organizations at www.jcaho.org/accredited+organizations/ambulatory+care/index.htm.

LifeLine Pilots

Telephone: 800-822-7972

Internet: www.lifelinepilots.org/index2.htm

LifeLine Pilots is a private, non-profit organization that provides people in medical and financial distress with access to free air transportation on small (4-6 seat), private aircraft for health care and other compelling human needs.

Lung Cancer Alliance

Telephone: 800-298-2436

E-mail: info@lungcanceralliance.org

Internet: www.lungcanceralliance.org

LCA offers many services specifically designed to meet the needs of people living with lung cancer and their loved ones. Services include the Phone Buddies Program, *Spirit and Breath*, a quarterly newsletter, patient education materials, and lung cancer awareness materials.

Mercy Medical Airlift

Telephone: 888-675-1405

Internet: www.mercymedical.org

Mercy Medical Airlift (MMA) is a non-profit organization dedicated to serving people in situations of compelling human need through the provision of charitable air transportation.

National Asian Women's Health Organization (NAWHO)

Telephone: 415-989-9747

Internet: www.nawho.org

NAWHO was founded in 1993 to achieve health equity for Asian Americans. NAWHO is working to improve the health status of Asian American women and families through research, education, leadership, and public policy programs. Resources are available in English, Cantonese, Laotian, Vietnamese, and Korean.

National Association for Drama Therapy

Telephone: 202-966-7409

Internet: www.nadt.org

The National Association for Drama Therapy (NADT) is a nonprofit association established in 1979 to uphold high standards of professional competence and ethics among drama therapists, and to promote the profession of drama therapy through information and advocacy.

National Association of Professional Geriatric Care Managers

Telephone: 520-881-8008

Internet: www.caremanager.org

The National Association of Professional Geriatric Care Managers (GCM) is a nonprofit, professional organization of practitioners whose goal is the advancement of dignified care for the elderly and their families. GCM has more than 1,500 members who provide the same basic services as eldercare agencies, but charge fees for their services that are not reimbursed by most health insurance providers.

National Association for Home Care and Hospice

Telephone: 202-547-7424

Internet: www.nahc.org

The National Association for Home Care and Hospice (NAHC) is a national trade association representing the interests and concerns of home care agencies, hospices, home care aide organizations, and medical equipment suppliers. The *Consumer Information* section of the Internet site at www.nahc.org/Consumer/coninfo.html has information about home care services and finding a provider for these services.

National Association of Hospital Hospitality Houses

Telephone: 800-542-9730 or 301-961-5264

Internet: www.nahhh.org

The National Association of Hospital Hospitality Houses (NAHHH) is a nonprofit corporation serving facilities that provide lodging and other supportive services to patients and their families who are confronted with medical emergencies. Each facility assures that a homelike environment is provided to persons who must travel to be with a patient or to receive necessary outpatient care. Reduced cost or free temporary housing may be available on a case-by-case basis.

National Association of State Comprehensive Health Insurance Plans

Telephone: 952-851-7245

Internet: www.naschip.org

The National Association of State Comprehensive Health Insurance Plans (NASCHIP) was created in 1993 to provide educational opportunities and information for state high-risk health insurance pools that have been, or are yet to be, established by state governments to serve the medically 'uninsurable' population. The NASCHIP Internet site has a list of states plans and contact information at www.naschip.org/states_pools.htm.

National Board for Certified Clinical Hypnotherapists (NBCCH)

Telephone: 800-449-8144

Internet: www.natboard.com

NBCCH was organized in 1991 as an educational, scientific, and professional organization dedicated to professionalizing the mental health specialty/subspecialty of hypnotherapy. You can find a NBCCH-certified hypnotherapist in your area from the Internet site at www.natboard.com/consumer.html.

National Brain Tumor Foundation

Telephone: 800-934-CURE (800-934-2873) or 510-839-9777

Internet: www.brainumor.org

The National Brain Tumor Foundation (NBTF) is a national, nonprofit organization dedicated to providing information and support for people with brain tumors, their family members, and health care professionals. NBTF publishes printed materials for patients and family members, provides access to a national network of patient support groups, and assists in answering patient inquiries.

National Cancer Institute (NCI)

Telephone: 800-4-CANCER (800-422-6237) or 301-496-5583

CancerFax: 800-624-2511

Internet: www.nci.nih.gov

NCI is a component of the National Institutes of Health (NIH). NCI is the federal government's principal agency for cancer research and training. NCI coordinates the National Cancer Program, which conducts and supports research, training, health information dissemination, and other programs with respect to the cause, diagnosis, prevention, and treatment of cancer, rehabilitation from cancer, and the continuing care of cancer patients and the families of cancer patients. NCI sponsors the Physicians Data Query (PDQ), a computerized listing of up-to-date information for health professionals and patients concerning the latest information on cancer treatments and clinical trials. PDQ information can be obtained through a fax machine with a telephone handset by calling CancerFax. See the listing for the **Cancer Information Service** for additional information about obtaining NCI products and services by telephone.

National Center for Homeopathy (NCH)

Telephone: 877-624-0613 or 703-548-7790

Internet: www.homeopathic.org

NCH is a national, nonprofit, membership organization. The mission of NCH is to promote health through homeopathy. The Internet site allows you to search for a homeopathic practitioner at homeopathic.org/NCHSearchNew.htm.

National Certification Board for Therapeutic Massage and Bodywork (NCBTMB)

Telephone: 800-296-0664 or 703-610-9015

Internet: www.ncbtmb.com

NCBTMB is an independent, private, nonprofit organization that certifies professionals in the massage therapy and bodywork industry through a recognized credentialing program. A practitioner locator is available at www.ncbtmb.com/database/query.asp.

National Certification Commission for Acupuncture & Oriental Medicine (NCCAOM)

Telephone: 703-548-9004

Internet: www.nccaom.org

NCCAOM is a nonprofit organization established in 1982. Its mission is to establish, assess, and promote recognized standards of competence and safety in acupuncture and oriental medicine for the protection and benefit of the public. The directory of diplomates (practitioners) is available at www.nccaom.org/find.htm to help you find a practitioner in your area.

National Coalition for Cancer Survivorship

Telephone: 888-650-9127 or 310-650-8868

Internet: www.canceradvocacy.org

The National Coalition for Cancer Survivorship (NCCS) is a survivor-led advocacy organization working exclusively on behalf of the over 9 million cancer survivors in the U.S. and the millions more touched by this disease. By educating all those affected by cancer and speaking out on issues related to quality cancer care, NCCS is empowering every cancer survivor.

National Coalition of Creative Arts Therapies Associations

Telephone: 201-224-9146

Internet: www.ncata.com

The National Coalition of Creative Arts Therapies Associations (NCCATA) is an alliance of professional associations dedicated to the advancement of the arts as therapeutic modalities. NCCATA represents over 8,000 individual members of six creative arts therapies associations.

National Consumers League (NCL)

Telephone: 202-835-3323

Internet: www.nclnet.org

NCL works to protect and promote the economic and social interests of American consumers. NCL offers brochures on various health care topics.

National Family Caregivers Association (NFCA)

Telephone: 800-896-3650 or 301-942-6430

Internet: www.nfcacares.org

NFCA provides education, support, respite care, and advocacy for caregivers. Support groups are available.

National Guild of Hypnotists

Telephone: 603-429-9438

Internet: www.ngh.net

The National Guild of Hypnotists (NGH) is a nonprofit, professional organization of individuals committed to advancing the field of hypnotism. The Internet site has a listing of local chapters at www.ngh.net/chapter.shtml. Your local chapter may be able to assist you in finding a practitioner in your area.

National Hospice & Palliative Care Organization (formerly National Hospice Organization)

Telephone: 800-658-8898 or 703-243-5900

Internet: www.nho.org

The National Hospice and Palliative Care Organization (NHPCO) provides information about hospice and palliative care. The Internet site allows you to search for providers online, or will give referrals via the toll-free information line.

National Patient Air Transport Helpline (NPATH)

Telephone: 800-296-1217 or 703-361-1191

Internet: www.patienttravel.org

NPATH provides information about all forms of charitable, long-distance medical air transportation and provides referrals to available sources of help in the national charitable medical air transportation network. The Internet site and Helpline are provided by Mercy Medical Airlift, a national, nonprofit organization.

National Center for Complementary and Alternative Medicine (NCCAM)

Telephone: 888-644-6226

TTY (for deaf or hard-of-hearing callers): 866-464-3615

Fax-on-Demand Service: 888-644-6226

Internet: www.nccam.nih.gov

NCCAM is part of the National Institutes of Health (NIH). NCCAM's mission is to support rigorous research on complementary and alternative medicine (CAM), to train

researchers in CAM, and to disseminate information to the public and professionals on which CAM modalities work, which do not, and why. The NCCAM Clearinghouse disseminates publications and other information about CAM to the public and the health care community. The clearinghouse does not make referrals to CAM practitioners or provide medical advice.

Patient Advocate Foundation (PAF)

Telephone: 800-532-5274 or 757- 873-6668

Internet: www.patientadvocate.org

PAF is a national non-profit organization. PAF provides education, counseling, and referrals to health care consumers concerning managed care, insurance, financial issues, job discrimination, and debt crisis matters. The Internet site has a state listing of financial resources at www.patientadvocate.org/report.php.

The Viatical and Life Settlement Association of America

Telephone: 407-894-3797

Internet: www.viatical.org

The Viatical and Life Settlement Association of America (VLSAA) was founded in 1995 as a nonprofit trade association for members of the viatical and life settlement industry, associated businesses, and consumers. The Internet site has state-by-state information about member organizations and state regulations governing viatical settlements.

Visiting Nurse Association of America

Telephone: 617-737-3200

Internet: www.vnaa.org

The Visiting Nurse Associations of America (VNAA) is a national, nonprofit association for community-based home health organizations known as visiting nurse associations (VNAs). VNAA provides information on all aspects of home health care including general nursing, physical, occupational, and speech therapy, social services, home health aide and homemaker services, nutritional counseling; and hospice care. The VNAA Internet site allows users to search for VNAs in their area at www.vnaa.org/vnaa/Searches/SearchByMap.aspx.

Vital Options® International TeleSupport® Cancer Network

Telephone: 818-508-5657

Internet: www.vitaloptions.org

Vital Options® International TeleSupport® Cancer Network is a nonprofit cancer communications, support, and advocacy organization whose mission is to facilitate a global cancer dialogue by using communications technology to reach every person touched by cancer. Vital Options sponsors The Group Room®, a weekly syndicated cancer radio talk show that is simulcast on the Internet and XM Satellite. The Group Room® can be reached by telephone at 800-GRP-ROOM (800-477-7666). The program is broadcast on Sundays 4-6 PM (ET), 3-5 PM (CT), 1-3 PM (PT). The Internet site has a listing of local radio stations that carry The Group Room®.

Well Spouse Foundation

Telephone: 800-838-0879 or 212-644-1241

Internet: www.wellspouse.org

Well Spouse is a national, nonprofit organization that gives support to wives, husbands, and partners of the chronically ill and/or disabled. Well Spouse also works to make health care professionals and the general public aware of the great difficulties caregivers face every day. The foundation operates support groups throughout the U.S. Check the Internet site at www.wellspouse.org/support.html to check for a Well Spouse support group in your area.

Wellness Community

Telephone: 888-793-WELL (888-793-9355) or 513-421-7111

Internet: www.thewellnesscommunity.org

The Wellness Community (TWC) is a national, nonprofit organization dedicated to providing free emotional support, education, and hope for people with cancer and their loved ones. Through participation in professionally led support groups, educational workshops, and mind/body programs, people affected by cancer can learn vital skills to regain control, reduce feelings of isolation, and restore hope – regardless of the stage of disease. There are 20 Wellness Community facilities nationwide in addition to online support groups.

USEFUL INTERNET SITES*

(*not listed under Organizations)

The author is not responsible for information found on these or other Internet sites.

The Internet is a valuable tool. However, you are urged to consult your health care provider or another appropriate professional before acting on the information found on these or other Internet sites.

Agency for Healthcare Research and Quality, Lung Cancer Screening Recommendation

Internet: www.ahrq.gov/clinic/cpsix.htm#neoplastic

(click on *Lung Cancer* under *Neoplastic Diseases*)

summary of the lung cancer screening recommendations from The Guide to Clinical Preventive Services, a report from the U.S. Preventive Services Task Force

American Association for Respiratory Care

Internet: www.aarc.org/index.html

information on respiratory care and related issues

includes health tips for patients with respiratory problems

American Cancer Society/Lung Cancer Section

Internet: www.cancer.org/docroot/HOME/pff/pff_0.asp?level=0

provides information about lung cancer, preparing for treatment, coping with treatment, and aftercare

Americans With Disabilities Act Home Page

Internet: www.usdoj.gov/crt/ada/adahom1.htm

information about the rights of people affected by cancer and other diseases

Cancer News: Lung Cancer Information

Internet: www.cancernews.com/lung.htm

articles, video news clips, book lists, treatment options, and other information on lung cancer

Cancer WEB

Internet: cancerweb.ncl.ac.uk

information on many different aspects of cancer, investigation and treatment, provided for patients and families, clinicians, researchers, and supporters

City of Hope Medical Center

Internet: www.cityofhope.org

an NCI-designated Comprehensive Cancer Center

information on clinical trials, supportive care, and cancer treatments

Cuneo Lung Cancer Study Group (CuLCaSG)

Internet: www.culcasg.org

site of an Italian Lung Cancer Study Group (CuLCaSG)

information is available in Italian and English

Department of Housing and Urban Development (HUD), Housing Counseling Agencies

Internet: www.hud.gov/offices/hsg/sfh/hcc/hccprof14.cfm

This section of the HUD Internet site lists approved housing counseling agencies that can provide you with information on defaults, foreclosures, credit issues, and reverse mortgages.

Steve Dunn's Cancer Guide

Internet: cancerguide.org

Cancer resource compiled by a cancer survivor; the site contains many links to other resources available on the Internet.

HelpingPatients.org

Internet: www.helpingpatients.org

Site sponsored by member pharmaceutical companies to help patients gain access to prescription assistance programs.

iAround.org

Internet: www.iaround.org

Non-profit organization working to create a lung cancer resource guide so patients and caregivers can get the critical yet sufficient resources quickly, easily, and achieve the best possible outcome.

KIDSCOPE

Internet: <http://www.kidscope.org/>

Site dedicated to helping children understand and cope with the effects from cancer and chemotherapy in a parent; request the book Kemo Shark to help children understand chemotherapy.

Lung Cancer Information Center

Internet: www.meds.com/lung/lunginfo.html

An electronic library of educational materials on lung cancer for health care professionals and patients; links to many Internet sites containing useful information about lung cancer.

Lung Cancer Online

Internet: www.lungcanceronline.org

Internet clearinghouse of information about lung cancer created by a lung cancer survivor. Site is a gateway to lung cancer resources that is intended to facilitate the time consuming and often-frustrating process of learning about lung cancer, treatment options, and support services.

Medicaid

Internet: cms.hhs.gov/medicaid/default.asp

Government site for Medicaid information.

Medicare

Internet: www.medicare.gov

Government site for Medicare information. Information about prescription drug assistance programs at www.medicare.gov/Prescription/Home.asp.

Mt. Zion Medical Center, Department of Thoracic Surgery

Internet: www.ucsf.edu/thoracic/patient-ed.html

Basic information lung structure and function and lung surgery part of the University of California at San Francisco Medical Center Internet site information about clinical trials, lung cancer awareness, and smoking cessation.

National Cancer Institute (NCI) Cancer.gov

Internet: cancer.gov/cancerinformation

Comprehensive information about cancer including types of cancer, prevention, treatment, clinical trials, supportive care, terminology resources, and cancer literature.

National Comprehensive Cancer Network Lung Cancer Treatment Guidelines

Internet: www.nccn.org/patient_gls/english/lung/index.htm

Information about the function of the lungs, types of lung cancer, lung cancer stages, and a glossary of medical terms. Site allows you to go through an interactive treatment decision tree based on your stage of disease and other specific circumstances.

National Institute of Mental Health

Internet: www.nimh.nih.gov

Federal government's agency for information on mental health. online information, ordering of publication, and useful links to other resources

NeedyMeds.com

Internet: www.needymeds.com

Information source for patient assistance programs and prescription assistance programs.

New York Times, Women's Health: Lung Cancer

Internet: www.nytimes.com/specials/women/whome/lung_cancer.html

Information on lung cancer and women's health including links to other useful sites.

OncoLink

Internet: www.oncolink.upenn.edu

Extensive cancer resource site from the University of Pennsylvania Abramson Cancer Center. Includes information on types of cancer, treatment options, clinical trials, and coping with cancer.

Quackwatch

Internet: www.quackwatch.com

Independent site operated by Stephen Barrett, MD, "Your Guide to Health Fraud, Quackery, and Intelligent Decisions."

Reuters Health Information Services

Internet: www.reutershealth.com

Source of general health and medical news on the Internet.

RxAssist

Internet: www.rxassist.org

Site sponsored by the Robert Wood Johnson Foundation to help people locate prescription assistance programs.

Social Security Administration

Internet: www.ssa.gov

Government site for information on Social Security benefits and disability programs.

University of Florida State Anatomical Board

Internet: www.med.ufl.edu/anatbd/usprograms.html

National referral list of body donation programs in the United States.

Viatical Settlement Guide

Internet: www.viatical-settlement.net

Independent site with extensive information about viatical settlements.

PHARMACEUTICAL COMPANIES' PATIENT ASSISTANCE PROGRAMS

Some pharmaceutical companies offer prescription drug programs to make specific drugs available to people who could not otherwise afford them. Generally, your doctor must apply to these programs on your behalf. However, you can call and obtain the applications and information to help speed the process. Eligibility requirements and program operations vary greatly from one program to another.

The Pharmaceutical Research and Manufacturers of America (PhRMA) is an organization of pharmaceutical and biotechnology companies. PhRMA publishes a book called The Directory of Prescription Drug Indigent Programs that lists programs through which drug manufacturers offer medications to people who are unable to pay for them. The book is available to doctors, other health care professionals, and health care agencies free of charge. Eligible parties can request a copy by writing to PhRMA at 1100 15th Street NW, Washington, DC 20005 or calling 202-835-3400.

RxHope.com is a patient assistance Internet initiative financially supported by PhRMA and participating pharmaceutical companies. RxHope.com began as a grassroots effort of the Patient Assistance Managers and Directors of the PhRMA-member companies. The Internet site is located at www.rxhope.com. Patients can fill out an *Assistance Finder* request form, which matches patients with federal, state, and charitable assistance programs that may be useful for meeting their needs and circumstances. The site also permits doctors to make assistance requests on a patient's behalf. RxHope.com does not approve or deny requests nor do they take delivery or ship any products.

RxAssist.org, NeedyMeds.com, and HelpingPatients.org are independent Internet sites that also help people locate prescription drug assistance programs. See each listing under [Useful Internet Sites](#) for additional information about these organizations.

Following are listings of pharmaceutical company patient assistance programs for some of the drugs commonly used by people with lung cancer.

Amgen, Inc.

Safety Net Programs

PO Box 13185

La Jolla, CA 92039-3185

Telephone: 800-272-9376

products include Aranesp™ (darbepoetin), Neulasta™ (pegfilgrastim), Epogen™ (epoetin alfa), Neupogen™ (filgrastim)

Patient must meet certain insurance and financial criteria.

Aventis Pharmaceuticals

Aventis Oncology PACT+ Program

100 Grandview Rd., Suite 210

Braintree, MA 02184

Telephone: 800-996-6626

products include Anzemet™ (dolasetron), Taxotere™ (docetaxel)

Program based on grounds that patient does not have any insurance. However, there are exceptions. Please call company to determine eligibility.

Bayer Corporation Pharmaceutical Division

Bayer Indigent Patient Program

PO Box 29209

Phoenix, AZ 85038-9209

Telephone: 800-998-9180

products include Cipro™ (ciprofloxacin)

Patient must be a US citizen, have no prescription drug coverage, and taking the drug for an FDA-approved indication.

Income must be at or below federal poverty level.

Bristol-Myers Squibb Company

Bristol-Myers Squibb and AmeriCares Oncology/Virology Access Program

6900 College Blvd. Suite 1000

Overland Park, KS 66211-9840

Telephone: 800-272-4878

products include BiCNU™ (carmustine), Blenoxane™ (bleomycin), Ceenu™ (lomustine), Cytosan™ (cyclophosphamide), Etopophos™ (etoposide), Hydea™ (hydroxyurea), Ifex™ (ifosfamide), Megace™ (megestrol), Mesnex™ (mesna), Mutamycin™ (mitomycin), Paraplatin™ (carboplatin), Platinol™ (cisplatin), Taxol™ (paclitaxel), Vepesid™ (etoposide), and Vumon™ (teniposide)

Patient must be residing in the United States (its territories, possessions) and receiving the product on an outpatient basis.

Patient must have no assistance from third-party private or public sources.

Patient must meet program income/asset criteria.

Eli Lilly and Company

Gemzar Patient Assistance Program

PO Box 9105

McLean, VA 22102-0105

Telephone: 888-443-6927

products include Gemzar™ (gemcitabine)

Patient must have no medical coverage and be ineligible for any programs with a drug benefit provision, including Medicaid, third-party insurance, Medicare, and all other programs have denied coverage for Gemzar in writing, and all appeals have been exhausted.

Food and Drug Administration (FDA), Single Patient Investigational New Drug Program

Patients who are not eligible for a clinical trial and who are in an immediate medical crisis may be able to receive drugs that are not yet FDA-approved. Your doctor would have to apply to the FDA for permission to use the drug, an approval known as a Single Patient IND for Compassionate or Emergency Use. Contact information appears below. The FDA usually responds to an application within 24 to 48 hours.

CDER Oncology Drug Products (most cancer drugs): 301-594-2473

CDER Oncology Branch (for biologicals): 301-827-5093

Internet information: www.fda.gov/cder/cancer/singleIND.htm

Genentech, Inc.

Access to Care

Health Care Affairs Dept.

PO Box 2586

South San Francisco, CA 94083-2586

Telephone: 800-530-3083

products include Activase™ (alteplase), Herceptin™ (trastuzumab), Nutropin™ (somatropin), Protropin™ (somatrem), TNKase™ (tenecteplase)

Patient must not be eligible for public or private insurance reimbursement and meet income restrictions.

Glaxo Smith Kline

Bridges to Access (non-cancer drugs)

PO Box 29038

Phoenix, AZ 85038-9038

Telephone: 866-728-4368

Commitment to Access (cancer drugs)

PO Box 29038

Phoenix, AZ 85038-9038

Telephone: 866-265-6491

Glaxo Smith Kline, continued

products include Ceftin™ (cefuroxime), Compazine™ (prochlorperazine), Fortaz™ (ceftazidime), Hycamtin™ (topotecan), Navelbine™ (vinorelbine), Paxil™ (paroxetine), Wellbutrin™ (bupropion), Zofran™ (ondansetron), and Zyban (bupropion)

Patient must be a resident of the United States.

Patient must not be eligible for prescription drug benefits through any private or public insurer/payer/program.

Income eligibility varies according to the drug being sought; call for additional information.

Janssen Pharmaceutica

Janssen Patient Assistance Program

PO Box 221857

Charlotte, NC 28222-1857

Telephone: 800-652-6227

products include Duragesic™ (fentanyl), and Nizoral™ (ketoconazole)

Patients are eligible who lack access to prescription drug coverage and meet specific financial criteria.

Medimmune, Inc.

Ethyol Protect Program

PO Box 222197

Charlotte, NC 28222-2197

Telephone: 800-887-2467

products include Ethyol™ (amifostine)

Patient must have no insurance including Medicare and meet program income guidelines.

Merck & Company, Inc.

The Merck Patient Assistance Program

PO Box 1985

Horsham, PA 19044-9848

Telephone: 800 994-2111

products include Vioxx™ (rofecoxib)

The program is for patients who do not have pharmaceutical insurance coverage and cannot afford to pay for their medicine.

Patients are eligible if there is medical and financial need as identified by their physician and they are unable to get help from any other insurers, including private insurance, Medicare, Medicaid, HMOs, state pharmacy assistance programs, Veterans' assistance programs, or any other social service agencies.

Patients must reside in the United States and have a prescription from a US-licensed physician. The patient does not have to be a US citizen.

Applications are reviewed on a case-by-case basis.

Novartis Pharmaceuticals

Novartis Oncology Reimbursement Program

1250 Bayhill Dr.

San Bruno, CA 94066

Telephone: 800-282-7630

products include Gleevec™ (imatinib) and Zometa™ (zoledronic acid)

Patients must not have prescription drug coverage and meet programs income requirements.

Ortho Biotech Products

PROCRIline Patient Assistance Program

1250 Bayhill Dr., Suite 300

San Bruno, CA 94066

Telephone: 800-553-3851

products include Procrit™ (epoetin alfa),

Patients should not have any insurance that would cover the medication.

In the case of Medicare, medications are covered if given in the physician's office and diagnosis meets state-by-state Medicare guidelines.

Ortho-McNeil Pharmaceutical

Ortho-McNeil Patient Assistance Program

1250 Bayhill Dr., Suite 300

San Bruno, CA 94066

Telephone: 800-577-3788

products include Ultram™ (tramadol)

Pfizer, Inc.

Sharing the Care

PO Box 6057

E. Brunswick, NY 08816-9721

Telephone: 800-984-1500

products include Zoloft™ (sertraline)

The program, a joint effort of Pfizer, the National Governors' Association, and the National Association of Community Health Centers, works through community, migrant, and homeless health centers. The program includes the participation of more than 350 health centers throughout the United States.

To be eligible to participate in Sharing the Care, the patient must be registered at a participating health center, must not be covered by any private insurance or public assistance covering pharmaceuticals, must not be Medicaid-enrolled, and must have family income that is equal to or below the federal poverty level.

Pharmacia Corporation

First Resource (Camptosar™ only; no mailing address available)
Telephone: 877-744-5675

Patients In Need (products other than Camptosar™)

PO Box 52059

Phoenix, AZ 85072

Telephone: 800-242-7014

products include Camptosar™ (irinotecan), Celebrex™ (celecoxib), and Ellence™ (epirubicin)

Patients must be financially disadvantaged.

Program assists uninsured and underinsured patients.

Purdue Pharma

Patient Assistance Program

c/o Express Scripts SDS

PO Box 66547

St. Louis, MO 63166-6547

Telephone: 800-599-6070

products include MS Contin™ (morphine), MSIR™ (morphine), Oxycontin™ (oxycodone), OxyFast™ (oxycodone), and OxyIR™ (oxycodone)

Patients must not have insurance coverage and do not qualify for Medicaid.

Roche Pharmaceuticals

Roche Medical Needs Program

JoAnn Hanly, Medical Needs

340 Kingsland St.

Nutley, NJ 07110

Telephone: 800-285-4484

products include Kytril™ (granisetron), Valium™ (diazepam), Vesanoide™ (tretinoin), and Xeloda™ (capecitabine)

Patient must be an outpatient to qualify.

Patient cannot be eligible for any federal assistance such as Medicaid or Medicare.

Solvay Pharmaceuticals

Solvay Patient Assistance Program (Androgel, Marinol, Anadrol)

PO Box 66550

St. Louis, MO 63166-6550

Telephone: 800-256-8918

products include Androgel™ (testosterone gel), Marinol™ (dronabinol), and Anadrol™ (oxymetholone)

Patients must be US residents.

Patients must meet income requirements and must not have insurance coverage for the requested product.

NATIONAL CANCER INSTITUTE (NCI) DESIGNATED COMPREHENSIVE CANCER CENTERS AND CLINICAL CANCER CENTERS

Following is an alphabetical listing by state of NCI designated cancer centers. These centers provide state of the art medical treatment for cancer. Comprehensive cancer centers also provide cancer-related community outreach and education services. Cancer centers are designated with a single star (*). Clinical cancer centers are designated with two stars (**). Comprehensive cancer centers are designated with three stars (***)

Alabama

University of Alabama at Birmingham Comprehensive Cancer Center***
1824 Sixth Avenue South
Birmingham, AL 35293-3300
Telephone: 800-822-0933 or 205-934-5077
Internet: www.ccc.uab.edu

Arizona

University of Arizona, Arizona Cancer Center***
1515 North Campbell Avenue
Tucson, AZ 85724
Telephone: 800-622-2673 or 520-626-6044
E-mail: copeline@azcc.arizona.edu
Internet: www.azcc.arizona.edu

California

Burnham Institute Cancer Research Center*
10901 North Torrey Pines Road
La Jolla, CA 92037
Telephone: 858-646-3100
E-mail: info@burnham.org
Internet: www.burnhaminstitute.org

City of Hope National Medical Center & Beckman Research Institute***
1500 East Duarte Road
Duarte, CA 91010
Telephone: 800-826-4673 or 626-359-8111
E-mail: becomingapatient@coh.org
Internet: www.cityofhope.org

Salk Institute Cancer Center*
Post Office Box 85800
San Diego, CA 92186-5800
Telephone: 858-453-4100
Internet: www.salk.edu

University of California Davis Cancer Center**
4501 X Street, Suite 3003
Sacramento, California 95817
Telephone: 800-362-5566 or 916-734-5900
Internet: cancer.ucdmc.ucdavis.edu

University of California Irvine, Chao Family Comprehensive Cancer Center***
101 The City Drive South
Orange, CA 92868
Telephone: 877-824-3627
E-mail: physpecref@msx.ndc.mci.edu
Internet: www.ucihealth.com/cancer

University of California Los Angeles, Jonsson Comprehensive Cancer Center***
10833 Le Conte Avenue
Los Angeles, CA 90095-1781
Telephone: 800-825-2631 or 310-206-6909 or 310-794-1648
E-mail: jcccinfo@mednet.ucla.edu
Internet: www.cancer.mednet.ucla.edu

University of California San Diego Rebecca and John Moores Cancer Center***
9500 Gilman Drive
La Jolla, CA 92093-0658
Telephone: 866-558-7933 or 619-543-3456
E-mail: dedavis@ucsd.edu
Internet: <http://cancer.ucsd.edu/>

University of California San Francisco Cancer Center and Cancer Research Institute***
2340 Sutter Street, Box 0128
San Francisco, CA 94115-0128
Telephone: 800-888-8664 or 415-885-7777
E-mail: cceditor@cc.ucsf.edu
Internet: cc.ucsf.edu

University of Southern California Kenneth Norris Jr. Cancer Hospital and Center***
1441 East Lake Avenue
Los Angeles, CA 90033-0800
Telephone: 800-872-2273 or 323-865-0816
E-mail: cainfo@ccnt.hsc.usc.edu
Internet: ccnt.hsc.usc.edu

Colorado

University of Colorado Cancer Center***
1665 N. Ursula St.
Aurora, CO 80010
Telephone: 800-473-2288 or 303-372-1550
E-mail: CancerCenter.Webmaster@uchsc.edu
Internet: www.uccc.info

Connecticut

Yale Cancer Center***
333 Cedar Street, Box 208028
New Haven, CT 06520-8028
Telephone: 203-785-4095
Fax: 203-785-4116
Internet: www.med.yale.edu/ycc

District of Columbia

Georgetown University Medical Center, Lombardi Cancer Center***
3800 Reservoir Road, NW
Washington, DC 20007
Telephone: 202-784-4000 or 202-687-2110
E-mail: lccis@georgetown.edu
Internet: lombardi.georgetown.edu

Florida

University of South Florida, H. Lee Moffitt Cancer Center & Research Institute***
12902 Magnolia Drive
Tampa, FL 33612-9497
Telephone: 800-663-3488 or 813-979-7265
Internet: www.moffitt.usf.edu

Hawaii

University of Hawaii, Cancer Research Center of Hawaii**
1236 Lauhala Street
Honolulu, HI 96813
Telephone: 808-586-3013
Internet: www.hawaii.edu/crch

Illinois

Northwestern University Robert H. Lurie Cancer Center***
Olson 8250
303 East Chicago Ave.
Chicago, IL 60611
Telephone: 800-554-4570 or 312-908-5250
E-mail: cancer@northwestern.edu
Internet: www.cancer.northwestern.edu

University of Chicago Cancer Research Center**
5841 South Maryland Ave. MC 1140
Chicago, IL 60637-1470
Telephone: 773-702-6149 or 773-834-0783
Internet: uccrc.uchicago.edu

Indiana

Indiana University Cancer Center**
535 Barnhill Drive, Room 455
Indianapolis, IN 46202-5289
Telephone: 888-600-4822 or 317-278-4822
Internet: iucc.iu.edu

Purdue University Cancer Center*
South University Street
West Lafayette, IN 47907-1524
Telephone: 765-494-9129
E-mail: mkhines@purdue.edu
Internet: www.cancer.purdue.edu

Iowa

University of Iowa, Holden Comprehensive Cancer Center***
200 Hawkins Drive
Iowa City, IA 52242
Telephone: 800-777-8442 or 319-353-8620
Internet: www.uihealthcare.com/depts/cancercenter/index.html

Maine

The Jackson Laboratory*
600 Main Street
Bar Harbor, ME 04609-0800
Telephone: 207-288-6000
E-mail: pubinfo@jax.org
Internet: www.jax.org

Maryland

Johns Hopkins Sidney Kimmel Comprehensive Cancer Center***
600 North Wolfe Street
Baltimore, MD 21287-8943
Telephone: 410-955-8964
E-mail: jhis@jhmi.edu
Internet: www.hopkinskimmelcancercenter.org/index.cfm

Massachusetts

Dana-Farber/Harvard Cancer Institute***
44 Binney Street
Boston, MA 02115
Telephone: 866-408-3324 or 617-632-6366
E-mail: Dana-FarberContactUs@dfci.harvard.edu
Internet: <http://www.dfci.harvard.edu/>

Massachusetts Institute of Technology Center for Cancer Research*
40 Ames St, E17-110
Cambridge, MA 02139
Telephone: 617-253-6403
E-mail: hollyc@mit.edu
Internet: web.mit.edu/ccr/index.html

Michigan

University of Michigan Comprehensive Cancer Center***
1500 East Medical Center Drive
Ann Arbor, MI 48109-0942
Telephone: 800-865-1125 or 313-936-1831
Internet: www.cancer.med.umich.edu

Meyer L. Prentis Comprehensive Cancer Center of Metropolitan Detroit***
(part of the Barbara Ann Karmanos Cancer Institute of Wayne State University)
4100 John R. Street
Detroit, MI 48201-1379
Telephone: 800-527-6266 or 313-833-0710
E-mail: prentis@karmanos.org
Internet: www.meyerlprentiscccemd.org

Minnesota

University of Minnesota Cancer Center***
Box 806, 420 Delaware St. SE
Minneapolis, MN 55455
Telephone: 888-226-2376 or 612-624-2620
E-mail: info@cancer.umn.edu
Internet: www.cancer.umn.edu

Mayo Clinic Cancer Center***
200 First St. SW
Rochester, MN 55905
Telephone: 507-284-2511
Internet: <http://www.mayoclinic.org/cancercenter>

Missouri

Washington University School of Medicine Siteman Cancer Center**
660 South Euclid Avenue
St. Louis, MO 63110
Telephone: 800-600-3606 or 314-747-7222
E-mail: info@ccadmin.wustl.edu
Internet: www.siteman.wustl.edu

Nebraska

University of Nebraska Medical Center Eppley Cancer Center**
600 South 42nd Street
Omaha, NE 68198-6805
Telephone: 800-999-5465 or 402-559-9999
Internet: www.unmc.edu/cancercenter

New Hampshire

Dartmouth-Hitchcock Medical Center Norris Cotton Cancer Center***
One Medical Center Drive
Lebanon, NH 03756-0001
Telephone: 800-639-6918 or 603-650-5527
E-mail: cancerhelp@dartmouth.edu
Internet: cancer.dartmouth.edu/index.shtml

New Jersey

Robert Wood Johnson University, The Cancer Institute of New Jersey***
195 Little Albany Street
New Brunswick, NJ 08901
Telephone: 732-235-2465
Internet: www.cinj.org

New York

Albert Einstein College of Medicine Cancer Research Center**
1300 Morris Park Ave
Bronx, NY 10461
Telephone: 718-430-2302
E-mail: aecc@aecom.yu.edu
Internet: www.aecom.yu.edu/cancer/new/default.htm

Cold Spring Harbor Laboratory*
P.O. Box 100
Cold Spring Harbor, NY 11724
Telephone: 516-367-8397
Internet: www.cshl.org

Columbia University Herbert Irving Comprehensive Cancer Center***
177 Fort Washington Ave.
New York, NY 10032
Telephone: 212-305-8602
Internet: www.ccc.columbia.edu

Memorial Sloan-Kettering Cancer Center***
1275 York Ave.
New York, NY 10021
Telephone: 800-525-2225 or 212-639-2000
Internet: www.mskcc.org/mskcc/html/44.cfm

New York University Cancer Institute***
550 First Ave.
New York, NY 10016
Telephone: 888-769-8633 or 212-263-3551
Internet: www.nyucancerinstitute.org

Roswell Park Cancer Institute***
Elm & Carlton Streets
Buffalo, NY 14263-0001
Telephone: 877-275-7724 or 716-845-2300
E-mail: askrpci@roswellpark.org
Internet: www.roswellpark.org

North Carolina

Duke University Comprehensive Cancer Center***
301 MSRB, DUMC Box 3843
Durham, NC 27710
Telephone: 888-275-3853 or 919-416-3853 or 919-684-3377
Internet: cancer.duke.edu

University of North Carolina Lineberger Comprehensive Cancer Center***
School of Medicine CB# 7295, UNC at Chapel Hill
Chapel Hill, NC 27599-7295
Telephone: 919-966-3036
E-mail: dgs@med.unc.edu
Internet: cancer.med.unc.edu

Wake Forest University Comprehensive Cancer Center***
Medical Center Boulevard
Winston-Salem, NC 27157-1082
Telephone: 800-446-2255 or 336-716-2255
E-mail: jthornbu@wfubmc.edu
Internet: www.wfubmc.edu/cancer

Ohio

Case Western Reserve University Ireland Cancer Center***
11100 Euclid Ave
Cleveland, OH 44106-5065
Telephone: 800-641-2422
E-mail: info@irelandcancercenter.org
Internet: www.irelandcancercenter.org

Ohio State University Comprehensive Cancer Center***
300 West 10th Ave.
Columbus, OH 43210-1240
Telephone: 800-293-5066 or 614-293-2678
E-mail: cancerinfo@jamesline.com
Internet: www.jamesline.com

Oregon

Oregon Health Sciences University Oregon Cancer Institute**
3181 SW Sam Jackson Park Road
Portland, OR 97201-3098
Telephone: 503-494-1617
E-mail: cancer@ohsu.edu
Internet: www.ohsu.edu/oci

Pennsylvania

Fox Chase Cancer Center***
7701 Burholme Ave.
Philadelphia, PA 19111
Telephone: 888-369-2427 or 215-728-2570
Internet: www.fccc.edu

Thomas Jefferson University Kimmel Cancer Center**
233 South 10th Street
Philadelphia, PA 19107-5799
Telephone: 215-503-4500
Internet: www.kcc.tju.edu

University of Pennsylvania Abramson Cancer Center***
3400 Spruce Street
Philadelphia, PA 19104-4283
Telephone: 800-789-7366
Internet: pennhealth.com/hup/cancer

University of Pittsburgh Cancer Institute***
3471 Fifth Ave.
Pittsburgh, PA 15213-3305
Telephone: 800-237-4724
E-mail: PCI-INFO@msx.upmc.edu
Internet: www.upci.upmc.edu

Wistar Institute*
3601 Spruce Street
Philadelphia, PA 19104
Telephone: 215-898-3700
Internet: www.wistar.upenn.edu

Tennessee

St. Jude Children's Research Hospital**
332 N. Lauderdale
Memphis, TN 38105-2794
Telephone: 901-495-3300
E-mail: info@stjude.org
Internet: www.stjude.org

Vanderbilt-Ingram Cancer Center***
691 Preston Building
Nashville, TN 37232
Telephone: 800-811-8480 (615) 936-1782
Internet: www.vicc.org

Texas

San Antonio Cancer Institute**
7979 Wurbach Road, Urschel Tower, 5th Floor
San Antonio, TX 78229
Telephone: 210-616-5590
Internet: www.ccc.saci.org/

University of Texas M.D. Anderson Cancer Center***
1515 Holcombe Boulevard
Houston, TX 77030
Telephone: 800-392-1611 or 713-792-6161
Internet: www.mdanderson.org

Utah

University of Utah Huntsman Cancer Institute**
2000 Circle of Hope
Salt Lake City, UT 84112
Telephone: 877-585-0303 or 801-585-0303
Internet: www.hci.utah.edu

Vermont

University of Vermont, Vermont Cancer Center***
149 Beaumont Avenue
Burlington, VT 05405
Telephone: 802-656-4414
E-mail: vcc@uvm.edu
Internet: www.vermontcancer.org

Virginia

University of Virginia Cancer Center**

PO Box 800334

Charlottesville, VA 22908

Telephone: 800-223-9173 or 434-924-9333

Internet: <http://www.healthsystem.virginia.edu/internet/cancer>

Virginia Commonwealth University Massey Cancer Center**

401 College Street

P.O. Box 980037

Richmond, VA 23298-0037

Telephone: 804-828-0450

Internet: www.vcu.edu/mcc

Washington

Fred Hutchinson Cancer Research Center***

1100 Fairview Ave. North

PO Box 19024

Seattle, WA 98109

Telephone: 800-804-8824 or 206-667-5000

Internet: www.fhcrc.org

Wisconsin

University of Wisconsin Comprehensive Cancer Center***

600 Highland Ave.

Madison, WI 53792

Telephone: 608-263-8600

Internet: www.cancer.wisc.edu

BOOKS

100 Questions and Answers about Lung Cancer

Karen Parles and J.H. Schiller

Jones & Bartlett Publishers, 2002

a patient-oriented guide to dealing with lung cancer written by a lung cancer survivor and a practicing oncologist

The Activist Cancer Patient: How to Take Charge of Your Treatment

Beverly Zakarian and Ezra M. Greenspan

John Wiley and Sons, 1996

step-by-step guidelines written by a cancer survivor to help empower cancer patients to work with their doctors and the medical system to find the most effective treatment options

The Alpha Book on Cancer and Living: For Patients, Family, and Friends

Brent G. Ryder

Alpha Books, Inc., 1997

guide to living with cancer, including getting quality care and support

American Cancer Society Consumer's Guide to Cancer Drugs

Gail M. Wilkes and Terri B. Ades

Jones & Bartlett Publishers, Inc., 2003

information about cancer drugs for patients and their loved ones

American Cancer Society Guide to Complementary and Alternative Cancer Methods

American Cancer Society, 2000

an overview of complementary and alternative therapies commonly used to treat cancer

American Cancer Society's Guide to Pain Control: From the Experts at the American Cancer Society

American Cancer Society, 2001

guide for cancer patients and loved ones; topics includes describing and measuring pain, drug tolerance, managing side effects, complementary non-drug treatments, and government sources of financial assistance

Be Prepared: Complete Financial, Legal, and Practical Guide for Living with Cancer, HIV, and Other Life-Challenging Conditions

David S. Landay

Griffin Trade Paperback, 2000

review of the many issues facing people living with life-challenging conditions
includes accessing medical care, maximizing income entitlements, reducing expenses
and debts, investment strategies, work-related issues, using existing assets, and
legal rights

Beyond Miracles: Living with Cancer

Stephen P. Hersch

Seven Locks Press, 2000

guides people through the emotional roller coaster of being diagnosed with cancer
and going through treatment

Can I Still Kiss You?: Answering Your Children's Questions About Cancer

Neil Russell

Health Communications, 2001

a chapter-by-chapter series of questions and answers dealing with diagnosis, surgery,
radiation, and chemotherapy written by a cancer survivor reflecting his personal
experiences

Cancer and Natural Medicine: A Textbook of Basic Science and Clinical Research

John C. Boik

Oregon Medical Press, 1996

reference book that reviews the science of cancer and complementary therapies
includes research data

Cancer Has Its Privileges: Stories of Hope and Laughter

Christine Clifford and Jack Lindstrom (Illustrator)

Berkley Publishing Group, 2002

written by a cancer survivor and the founder of The Cancer Club®; a humorous
outlook on living with cancer told through a collection of battlefield stories and
anecdotes from her fellow survivors that go from funny to moving

A Cancer Survivor's Almanac: Charting Your Journey

Barbara Hoffman and the National Coalition for Cancer Survivorship (Editors)

John Wiley and Sons, 1998 (second edition)

- information and resources for legal concerns including insurance and
employment, medical treatment, emotional support, self-help, and family issues

Cancer...There's Hope

Richard A. Bloch

R.A. Bloch Cancer Foundation, Inc., 1982

- story of one man's survival story after being diagnosed with lung cancer
Note: This Book is available free of charge by calling *The Cancer Hotline* at 800-433-0464, or can be downloaded from the Internet at www.blochcancer.org/hope/hope1.htm.

Cancervive: The Challenge of Life after Cancer

Susan Nessim and Judith Ellis

Gale Group, 1993

- cancer survivor discusses the challenges of life after a diagnosis of cancer

Caring for Loved Ones at Home

Harry van Bommel

BookWorld Press, Inc., 1997

- step-by-step instructions on practical skills and challenges of caring for a sick loved one at home

The Chemotherapy & Radiation Therapy Survival Guide: Information, Suggestions, and Support to Help You Get Through Treatment

Judith McKay and Nancee Hirano

New Harbinger Publications, 1998

- explanation of chemotherapy, radiotherapy, and self-help suggestions for making treatments more tolerable

Choices in Healing: Integrating the Best of Conventional and Complementary Approaches to Cancer

Michael A. Lerner

MIT Press, 1996

- a review of conventional and alternative approaches to cancer therapy
- explanations and evaluations of a wide range of complementary therapies including spiritual and psychological approaches, nutritional therapies, physical therapies, psychotherapy, support groups, visual imagery, hypnosis, massage, therapeutic touch, yoga, qi gong, macrobiotic diets and other cancer diets, acupuncture, Chinese herbal medicines, and others

Comfort of Home: An Illustrated Step-by-Step Guide for Caregivers

Maria M. Meyer and, Paula Derr

CareTrust Publications, LLC, 2002

- a guide to care giving in the home
- defines preparation for care giving, the day-to-day expectations, and a listing of numerous resources

Couples Confronting Cancer: Keeping Your Relationship Strong

Joy L. Fincannon and Katherine V. Bruss

American Cancer Society, 2002

addresses the challenges and problems cancer can cause in a relationship; offers advice to help couples communicate more easily and truthfully with one another, and to cope with the demands that cancer can unexpectedly put on relationships

Everyone's Guide to Cancer Therapy, 4th Edition

Malin Dollinger, Ernest H. Rosenbaum and Margaret Tempero, Editors.

Andrews & McMeel Publishing, 2002

information on cancer diagnosis and treatment, supportive care, risk factors, genetics, and causes written by an oncologist for lay readers
includes diagnosis and treatment of common cancers

The Healing Journey

M. D. Simonton, Reid Henson, Barbara Hogenson

iUniverse, Incorporated, 2002

a doctor and one of his patients offer healing ideas to anyone touched by life-threatening illness
outlines the program currently in use at the Simonton Cancer Center in California; the program is based on the guiding principle that beliefs, attitudes, and emotions play a major role in determining the quality of our lives and health

How to Help Children through a Parent's Serious Illness

Kathleen McCue and Ron Bonn

St. Martin's Press, 1996

practical advice from a child-life specialist; includes information such as what to tell a child about the illness, how to recognize early-warning signs in a child's drawings, sleep patterns, schoolwork and eating habits, and when and where to get professional help

Human Side of Cancer: Living with Hope, Coping with Uncertainty

Jimmie C. Holland and Sheldon Lewis

Harper Collins Publishers, 2001

written by a psycho-oncologist, the book shares her thoughts and insights about facing cancer and what truly helps along the cancer journey; includes inspiring stories of the simple courage of ordinary people confronting cancer

Imperatives for Quality Cancer Care: Access, Advocacy, Action and Accountability

National Coalition for Cancer Survivorship, 1996

- consensus of the First National Congress on Cancer Survivorship, which focused on quality cancer care, physiologic long-term and late effects of cancer treatment, and psychosocial issues of cancer survivorship [Note: Book is online at www.canceradvocacy.org/advocacy/intro/imperatives.aspx.]

It's Always Something

Gilda Radner

William Morrow & Company, 2000

the story of Gilda Radner's life and her battle with cancer - told with the spunk and irreverence that made her America's favorite late-night comedienne

Keeping Them Healthy, Keeping Them Home: How to Care for Your Loved Ones at Home

Ellen M. Caruso

Practice Management Information Corporation, 1998

- a comprehensive handbook to help lay caregivers take care of their sick loved ones at home

Living Beyond Limits: New Hope and Help for Facing Life-Threatening Illnesses

David Spiegel

Random House, 1994

- discusses how people with serious or life-threatening illnesses can live fuller lives by addressing their quality of life

Living With Lung Cancer: A Guide for Patients and Their Families, 4th Edition

Barbara G. Cox, Robert E. Lee, David T. Carr, Eloise Harman

Triad Publishing Company, 1999

- guidebook for living with lung cancer written by doctors for patients and their families
- divided into three main areas: an overview of the lungs and lung cancer; chapters on the three main treatment modalities of surgery, radiation therapy, and chemotherapy; and a section on nutrition, stress, and alternative therapies

Love, Medicine and Miracles: Lessons Learned about Self-Healing from a Surgeon's Experience with Exceptional Patients

Bernie S. Siegel

HarperCollins Publishers, 1988

a former surgeon shares inspirational stories of self-healing and characteristics shared by survivors drawn from his experience with cancer patients and support groups

Lung Cancer: A Comprehensive Guide for Patients and Families

Lorraine Johnston

O'Reilly & Associates, Incorporated, 2001

guidebook written by an author who has also written books on colorectal cancer and non-Hodgkin's lymphoma

Lung Cancer: A Guide to Diagnosis and Treatment

Walter J. Scott

Addicus Books, 2000

guidebook for patients and their loved ones written by a cardiothoracic surgeon who specializes in lung cancer surgery

Lung Cancer Chronicles

John A. Meyer

Rutgers University Press, 1990

stories about a surgeon and the men and women he treats for lung cancer are interwoven with discussions of the disease and the controversies surrounding tobacco addiction and lung cancer

Lung Cancer: Myths, Facts, Choices--and Hope

Claudia I. Henschke, Peggy McCarthy, and Sarah Wernicke

Norton, W. W. & Company, 2002

guidebook written for lay readers by a radiation oncologist who specializes in early lung cancer detection, a lung cancer advocate, and a freelance writer

Natural Compounds in Cancer Therapy

John C. Boik

Oregon Medical Press, 2001

reviews the effects of three dozen carefully selected natural botanical compounds on the biological processes involved in cancer progression

New Cancer Survivors: Living with Grace, Fighting with Spirit

Natalie Davis Spingarn

Johns Hopkins University Press, 1999

a collection of personal experiences of cancer survivors, including the author; addresses issues faced by people living with a serious illness and their caregivers; the author's goals are to offer education and hope, and assist the reader in finding peace and acceptance in what can be a tumultuous experience

Spontaneous Healing: How to Discover and Enhance Your Body's Natural Ability to Maintain and Heal Itself

Andrew Weil

Random House, 2000

an examination of the body's ability to heal itself written by a doctor who promotes integrated medicine

Soul Medicine: Medical Challenges on Life's Uncertain Journey

John E. Postley

Love and Logic Press Institute, 1996

guide for patients with serious illnesses and their loved ones; addresses developing and maintaining a framework of personal values in the face of often overwhelming medical situations

Wellness Community Guide to Fighting for Recovery from Cancer

Harold H. Benjamin

Putnam Publishing Group, 1995

guide devoted exclusively to providing psychological and social support for people with cancer; the methods proposed in this book are intended to empower patients so they can actively participate in their recovery

When a Parent Has Cancer: A Guide to Caring for Your Children

Wendy Schlessel Harpham

Harper Collins Publishers, 1997

written by a physician, mother, and cancer survivor; describes how parents can manage their cancer while raising a family and how to explain the disease to their children

When Life Becomes Precious: A Guide for Loved Ones and Friends of Cancer Patients

Elise NeeDell Babcock

Bantam Books, 1996

a handbook that offers simple, straightforward guidelines designed to assist family members and friends of cancer patients as they travel the cancer journey with a person they love

MAGAZINES AND NEWSLETTERS

Cancer Breakthrough Newsletter

quarterly newsletter produced by the International Cancer Alliance (ICARE) available in print or electronic format, for a suggested contribution of \$25 to subscribe, call 301-654-7933 or 1-800-ICARE-61 or sign up online at www.icare.org/registry/index.htm

Cancer Care News

newsletter published three times per year by Cancer Care includes listings of support groups, educational workshops, teleconferences, and professional education programs, as well as informative articles, book reviews, and updates on Cancer Care initiatives available in print or electronic format, free of charge to subscribe, call 800-813-4673 or sign up online at www.cancercare.org/team/teamList.cfm?c=83

The Cancer Letter

is an independent, weekly newsletter; it keeps oncologists, cancer researchers, and patient advocates current with government grant opportunities and research plans, industry news, and advocacy activities the cost of a yearly subscription is \$295 to subscribe, call 800-513-7042, e-mail info@cancerletter.com, or logon to www.cancerletter.com/archives

The Clinical Cancer Letter

an independent, monthly newsletter on cancer clinical trials and clinical research the cost of a yearly subscription is \$95 to subscribe, call 800-513-7042, e-mail info@cancerletter.com, or logon to www.cancerletter.com/archives

Coping With Cancer

a bimonthly magazine for people whose lives have been touched by cancer a yearly subscription (six issues) is \$19 to subscribe, call 615-791-3859 or logon to www.copingmag.com/CopPages/CgHome.html

Cure Today

Independent quarterly magazine developed for individuals coping with cancer and blood disorders; it is published by physicians committed to providing quality care to their patients. *CURE* stands for **C**ancer **U**pdates, **R**esearch & **E**ducation; the magazine provides scientific information in an easy-to-understand format. free subscriptions are available by calling 800-210-2873, e-mailing subs@curetoday.com, or logging on to www.curetoday.com/freesubscriptions/index.html

Interactions

quarterly newsletter for members of the National Coalition for Cancer Survivorship (NCCS)

to subscribe to NCCS, call 301-650-8868 or logon to

www.canceradvocacy.org/about/support/join.aspx

Spirit and Breath

- quarterly newsletter for people living with lung cancer from the Lung Cancer Alliance
- available to members of LCA; to subscribe, call LCA at 800-298-2436

AUDIO, VIDEO, AND DVD RECORDINGS

These items are available for purchase from your local bookstore, online bookstore, or another resource for multi-media. Special orders may be required for some items. You may also be able to borrow or rent items from your cancer clinic, library, bookstore, or video store.

A Bend In The Road: Finding God When Your World Caves In (audio)

David Jeremiah

Thomas Nelson, 2000

drawing from his sermons and his experience with cancer, pastor Jeremiah shares the comfort and hope of the Psalms and how these truths can guide believers through life's greatest challenges

AM/PM Yoga for Beginners (video)

Living Arts, 1998

instructors Rodney Yee and Patricia Walden lead viewers in gentle yoga positions; set in Maui, Hawaii

Cancer Clinical Trials: An Introduction for Patients and their Families (video)

National Cancer Institute, 2001

free of charge

call 800-4-CANCER, or logon to cissecure.nci.nih.gov/ncipubs to order

Cancer Schmancer (audio)

Fran Drescher

Time Warner Audiobooks, 2002

star of the TV sitcom *The Nanny*, Fran Drescher shares her experience with uterine cancer to reveal that even in life's darkest moments, there's unexpected comedy

Chemotherapy and Radiation for Cancer Treatment (video and DVD)

Dartmouth-Hitchcock Medical Center Production

Films for the Humanities and Sciences, 2000

people with Hodgkin's disease and breast, lung, prostate, and ovarian cancer describe the treatments—what they are like, how they incorporate them into their daily routines, and how they deal with the side-effects—and the emotional ups and downs that accompany them; information is also provided on new treatments that are extending the life expectancies of lung cancer patients

Controlling Cancer Pain, A Video for Patients and Families (video)

National Cancer Institute, 2000

free of charge

call 800-4-CANCER, or logon to cissecure.nci.nih.gov/ncipubs to order

Dissolving & Destroying Cancer Cells: A Guided Imagery Program (video)

2002

a series of guided imagery sessions with soothing music

Feel the Qi: A Beginner's Guide to Qigong (video)

1998

instruction by a qi gong master

Gentle Tai Chi: Meditation in Motion (video)

Ageless Fitness, 2001

instructor Dagmar Munn guides viewers through a series of easy movements adapted from traditional tai chi; her target audience is those who find strenuous exercise difficult

Healing Imagery for People Facing Cancer: Four Guided Imagery Audiotapes (audio)

Patricia B. Palmer

Touch Star Productions, 1998

a series of four tapes focusing on the immune system, chemotherapy, radiotherapy, and mobilizing your healing energy

Health Talks at The Cleveland Clinic Presents - When Cancer Touches Your Life: Meeting the Needs of Patients and Families (video)

Cleveland Clinic, 2000

documentary that addresses the needs of the entire family when one member is facing cancer

Humor and Healing (audio)

Bernie S. Siegel

Sounds True, 1994

Siegel talks about how positive thinking and the healing power of laughter

Inner Art of Meditation (video)

Jack Kornfield

Sounds True Video, 1997

instruction in meditation by a widely published author on eastern philosophy

It's Not About the Bike: My Journey Back to Life (audio)

Lance Armstrong with Sally Jenkins; Narrated by Oliver Wyman

High Bridge Company, 2000

the personal story of Lance Armstrong's life from childhood through early success, nearly fatal cancer, recovery, survivorship, more triumph, marriage, and first-time fatherhood

Lessons from the School of Suffering: A Young Priest with Cancer Teaches Us How to Live (audio)

Jim Willig, read by Brian Patrick

Saint Anthony Messenger Press and Franciscan, 2002

inspirational messages from a priest who faced cancer

Letting Go: A Hospice Journey (video and DVD)

HBO Productions

Films for the Humanities and Sciences, 1996

documentary takes an intimate look at three patients – an eight year-old boy with an incurable brain disease, a 46 year-old woman with lung cancer, and a 62 year-old man with an inoperable brain tumor – this program shows how hospice care helps them cope with fear and pain in the final stages of their lives, and prepares loved ones for their imminent loss

To Live Until I Die (video)

Fanlight Productions, 1999

documentary that follows the lives of several people facing a terminal illness

Living Fully Until Death (video and DVD)

Dartmouth-Hitchcock Medical Center Production

Films for the Humanities and Sciences, 1995

the inspirational tales of three people who find new meaning in life and the courage to deal with the challenge of living fully after learning they have a terminal illness; featured in the program are the late Morrie Schwartz of the best-seller *Tuesdays with Morrie*, who was diagnosed with Lou Gehrig's disease (ALS); Shirley Waring, a mother of four adult children, who has leukemia; and William Meyer, who has lung cancer; each person has struggled in his or her own unique way to try to find personal control, to plan for the unknown, and to find a place for spirituality; as Morrie Schwartz notes, "Learning to die is also learning how to live."

Living & Laughing With Cancer (video)

Tapeworm, 1998

the story of one man's experience with facing cancer; told with humor and honesty

Living with Cancer: A Message of Hope (video)

Wellspring Media, 1998

a documentary that aims to provide comfort and solace in its portrayal of a few ordinary people's successful battle over the disease; focuses on the idea of treating cancer as a challenge instead of a death sentence

Lung Cancer (video and DVD)

Films for the Humanities and Sciences

explains what we know about the causes of lung cancer, presents evidence linking smoking to lung cancer and discusses other known and suspected causes including asbestos, radon, and other environmental factors

Lung Cancer in Women (video and DVD)

Films for the Humanities and Sciences, 1997

information about how diet, exercise, and healthy living can help prevent lung cancer, and discusses cutting-edge treatments that are benefiting lung cancer patients

Meditation For Beginners (video)

Gaiam Americas, 2001

beginning instruction on meditation

Meditations for Enhancing Your Immune System: Strengthen Your Body's Ability to Heal (audio)

Bernie S. Siegel

Hay House, 1992

a series of meditations designed to affirm vibrant health

No Hair Day: Laughing (and Crying) Our Way Through Cancer (video & DVD)

WBGH Boston, 1999

three women undergoing treatment for breast cancer challenge society's image of beauty in this unconventional film; the women share their attitudes, both positive and negative, about life with cancer; although the women have breast cancer, most of the documentary is appropriate for any woman facing cancer

Preparing Mentally & Emotionally for Cancer Chemotherapy: A Guided Imagery Program (video)

2002

a series of guided imagery sessions with soothing music

Preparing Mentally & Emotionally for Cancer Radiation: A Guided Imagery Program (video)

2002

a series of guided imagery sessions with soothing music

Preparing Mentally & Emotionally for Cancer Recovery: A Guided Imagery Program (video)

2002

a series of guided imagery sessions with soothing music

Preparing Mentally & Emotionally for Cancer Surgery: A Guided Imagery Program (video)

2002

a series of guided imagery sessions with soothing music

Return to Wholeness (audio)

David Simon

John Wiley & Sons, 2000

written by a medical doctor, the author applies the principles of Ayurvedic and Chinese medicine to the management of cancer; cancer is framed by the author in a way that respects its physiological realities while offering patients another plane of existence from which to cope with their disease; his message is that you exist apart from what's happening to your body and with this awareness, you can experience life in a more complete and satisfying way, whether you recover or not

Seasons in Cancer (audio)

George S.J. Anderson, Read by Alan Zimmerman
Americana Publishing, 2002

a series of short stories describing the author's experiences as a man dealing with loss and grief; stories share lessons learned and can be helpful to anyone confronting a life-changing experience

See Yourself Well: For People with Cancer: Guided Visualizations & Relaxation Techniques (audio)

Ann Beattie
Equinox Press, 1994

guided visualizations and relaxation techniques designed to enhance mind/body healing for the person with cancer

Tai Chi for Older Adults (video)

Wellspring Media, 1998

gentle tai chi for older adults who are new to this form of exercise; instructed by Dr. Paul Lam

Therapeutic Qigong Video (video)

2002

instruction for beginning qi gong

Treating Lung Cancer (video and DVD)

Films for the Humanities and Sciences, 1990

contributions from a pathologist, a radiographer, a thoracic specialist, a surgeon, and a radiologist, this program covers the incidence, etiology, histology and natural history, clinical features, investigation and diagnosis, treatments, and palliation of lung cancer

Yoga Practice for Meditation (video)

Living Arts, 1997

renowned yoga instructor Rodney Yee leads viewers through five yoga practices that release bodily tension, improve posture, and open up breathing; setting is Yosemite National Park